PENDER & COWARD



Regent University School of Law, 2020

Randolph-Macon College, 2017

ATTORNEY MARCUS K. MITCHELL

Phone / Fax: (757) 644-4159 mmitchell@pendercoward.com

EDUCATION

ADMISSIONS

Supreme Court of Virginia, 2020

OVERVIEW

Marcus is a Pender & Coward attorney focusing his practice on family law and criminal and traffic law. He regularly represents clients in divorces, custody and visitation matters, separation agreements, pre-nuptial agreements, post-nuptial agreements, child support matters, spousal support matters, and protective orders. He also has experience handling Child Protective Services appeals, show causes, extraditions, and unlawful detainers. In his criminal and traffic practice, Marcus represents clients in matters involving assault and battery, assault and battery on a family member, as well as reckless driving and speeding tickets.

Marcus is an Adjunct Professor at Regent University, teaching Mock Trial in the undergraduate program and Trial Practice & Advanced Trial Practice in the law school. He also coaches the law school's national mock trial competition teams, who have achieved several regional and national championships since 2018.

During college, Marcus was a four-year starter for the Randolph-Macon College football team, winning the Old Dominion Athletic Conference Championship in his senior season.

MEMBERSHIPS

- Virginia State Bar, Young Lawyer's Conference, Hampton Roads Minority Pre-Law Conference Co-Organizer, 2023-2024, Fore Everyone Golf Event Co-Organizer, 2025
- Virginia Bar Association, Young Lawyers Division's Mentor Program, 2019
- South Hampton Roads Bar Association

VIRGINIA BEACH 222 Central Park Ave. Suite 400 Virginia Beach , VA 23462 **CHESAPEAKE** 709 Greenbrier Parkway Chesapeake , VA 23320 SUFFOLK 117 Market Street Suffolk , VA 23434

PENDER & COWARD

- Virginia Beach Bar Association
- National Association of Legal Advocacy Educators

HONORS & AWARDS

- Coastal Virginia's Top Lawyers, 2025
- Virginia Super Lawyers Rising Stars, 2024 and 2025
- Virginia State Bar, Significant Service Award, 2023
- Regent University School of Law's Trial Advocacy Award, 2020

COMMUNITY INVOLVEMENT

Regent University School of Law's Trial Advocacy Board Chairman, 2019–2020

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