



SHAREHOLDER  
**JEFF W. ROSEN**

Phone / Fax: (757) 490-6253  
jrosen@pendercoward.com

## EDUCATION

Juris Doctor, American University Washington  
College of Law, 1982, Law Review

University of Albany, *magna cum laude*, 1979

## ADMISSIONS

All State Courts in Maryland, 1982

All State Courts in Virginia, 1983

All State Courts in District of Columbia, 1984

The United States Supreme Court, 2000

United States District Court of Maryland, 1982

United States Fourth Circuit Court of Appeals, 1985

United States District Courts for the Eastern and Western Districts of  
Virginia, 1986

## OVERVIEW

Jeff Rosen is a firm shareholder who focuses his practice on civil litigation, local government, labor and employment, and insurance defense.

An experienced trial lawyer and former prosecutor, Jeff successfully defends claims regarding civil rights violations, medical malpractice, wrongful death suits against Virginia sheriffs and regional jails, and excessive force claims against law enforcement. Jeff represents state and local governments and their employees in cases involving constitutional violations, employment discrimination, defamation, and tort claims against cities, towns, school boards and regional authorities.

He is a former Assistant Commonwealth's Attorney and a frequent lecturer for the Virginia Sheriff's Association and the Virginia Association of Regional Jails on issues relating to law enforcement, employment law and correctional medical issues. Jeff is also an instructor at the Hampton Roads Law Enforcement Training Academy

### VIRGINIA BEACH

222 Central Park Ave. Suite 400  
Virginia Beach, VA 23462

### CHESAPEAKE

709 Greenbrier Parkway  
Chesapeake, VA 23320

### SUFFOLK

117 Market Street  
Suffolk, VA 23434

## REPRESENTATIVE CASES & TRANSACTIONS

Jeff has defended over 350 cases alleging Civil Rights and Title VII employment discrimination claims, including claims of wrongful death, excessive force, police shooting and failure to provide adequate medical care to prisoners.

He has obtained favorable outcomes for Virginia sheriffs, regional jails, state and local governments and the insurance industry in both federal and state court. He has over 63 reported federal and state cases, and he has appeared before the Supreme Court of Virginia and United States Court of Appeals for the Fourth Circuit on numerous occasions.

## MEMBERSHIPS

- Local Government Attorneys Association
- Federal Bar Association
- Norfolk-Portsmouth Bar Association
- Virginia Association of Defense Lawyers

## HONORS & AWARDS

- Best Lawyers in America, Commercial Litigation and Litigation-Labor & Employment, 2024 and 2025, Personal Injury - Defendants, 2025
- Virginia Super Lawyers, 2015-2024
- Virginia's Legal Elite, Health Law, 2016 & 2017
- Coastal Virginia's Top Lawyers, Civil Law Litigation, 2021-2025

## COMMUNITY INVOLVEMENT

- Norfolk-Portsmouth Bar Association, Continuing Legal Education Committee, Past Chairman
- Norfolk Middle School Mock Trial Program, Coach
- Continuing Legal Education Committee, Past Chairman

---

### VIRGINIA BEACH

222 Central Park Ave. Suite 400  
Virginia Beach, VA 23462

### CHESAPEAKE

709 Greenbrier Parkway  
Chesapeake, VA 23320

### SUFFOLK

117 Market Street  
Suffolk, VA 23434